

## COVID-19 Policies and Procedures Lesley Ellis School

**\*\*These policies and procedures will be updated as additional recommendations, information, and testing becomes available. Last updated: 1/24/22. Changes in red.**

The purpose for these policies and procedures is to mitigate the risk of contracting COVID-19 for everyone in the Lesley Ellis Community. Lesley Ellis School will follow guidance set forth by the Centers for Disease Control and the Massachusetts Department of Public Health. Policies will be reviewed and updated as necessary.

### **Before Coming to School**

Before coming to school, we ask you to do the following:

Complete daily attestation form after assessing your child for the following symptoms:

- Difficulty breathing or shortness of breath
- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- New loss of taste or smell
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Cough (not due to other known cause, such as chronic cough)
- Sore throat, *when in combination with other symptoms*
- Headache *when in combination with other symptoms*
- Fatigue, *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*

**\*\*If your child has any of the above-listed symptoms, they must stay home until resolution of symptoms and send a photo or pdf image of a negative COVID-19 antigen or PCR test before returning to school.\*\***

If your child's **ONLY** symptom is a cough:

- And it is due to a **known cause**, such as chronic cough or asthma, and is his/her only symptom (with the exception of runny nose/nasal congestion caused by allergies), your child may come to school.
- If your child's cough is **NOT** due to a chronic condition, he/she may not come to school and must have a negative test result for active COVID-19 before returning to school.

If your child has **ONE** of the following symptoms, he/she may come to school:

- Fatigue
- Headache

- Nasal congestion or runny nose
- Nasal congestion or runny nose *due to a known cause*, (such as allergies rather than an illness) does not “count” as a symptom and the student may come to school.
- Sore throat

If your child has any of the symptoms listed in this section, please **do not administer medications** such as Tylenol or Motrin before sending your child to school. These medications can mask other symptoms such as a fever and body aches.

### **Travel Safety**

The Commonwealth of Massachusetts previously issued specific state travel protocols relating to travel, COVID-19 testing, and quarantine. At present, Massachusetts is directing people to the Centers for Disease Control’s (CDC) instructions. These vary depending on an individual’s vaccination status.

For Domestic Travel:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

For International Travel:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>

### **Entering the Building**

Only students and faculty are allowed to enter the building. If any other person must enter the building they must attest to having no symptoms from the symptom checklist and in addition must wear a mask.

### **Drop-Off and Pick-Up**

Each student will be assigned a specific outdoor screening point and entry/exit point of the building.

Drop-Off:

1. Parents will bring students to their assigned entry point
2. Students will be screened as noted above, and attestation will be reviewed
3. Students will wash their hands
4. Early childhood students will be accompanied to their classroom by a staff member

### **Handwashing**

Students and staff will wash their hands on a regular basis including but not limited to the following times:

- Upon entering the building/arrival to school

- Before snack and lunch
- After using the bathroom

Hands will be washed with soap and water at the above times listed. Hand sanitizer will also be readily available to students and staff. Students are also welcome to bring their own hand sanitizer if families prefer to do so.

### **Physical Distancing**

Lesley Ellis School will follow guidance from the CDC regarding physical distancing.

When indoors, students will continue to follow physical distancing guidelines. Windows will be opened as often as possible to encourage ventilation.

### **Masks/Face Coverings\*\***

Masks covering the mouth and nose will be worn at all times during the day by both faculty and students, with several exceptions. Exceptions to wearing a mask are below:

- When eating or drinking
- Designated mask breaks
- Rest times for early childhood students when sleeping
- Vaccinated students in grades 7 and 8 when outside (including faculty supervising them)

Students and faculty are required to provide their own well-fitting KN95, N95, or 3-layered surgical mask. (If a mask is not well-fitting, individuals will be required to wear an additional mask.) Students should bring at least two back-up masks each day. Extra surgical masks will be available in the health office for emergency use.

Students and faculty should wear/bring clean masks each day.

If your child is not able to wear a mask and has any of the symptoms listed in above, your child may not come to school until the symptom/s is/are resolved. Masking at school is Lesley Ellis School policy. If your child has a medical condition that does not allow for them to wear a mask, please notify Joe Ryan in the school health office immediately. **\*\*Children not able to wear a mask must present results of a negative COVID-19 test two times per week.\*\***

### **Testing**

The school participates in weekly pooled testing, reflex testing as needed, at-home antigen testing, and in-school symptomatic testing via a grant from the Commonwealth of Massachusetts. The school must follow the guidelines of this testing program.

### **Groups/Cohorts at School**

All students will be in a cohort/classroom group. These groups will remain together through the school day and will be the same every day. Students who attend Early Morning Drop Off or Clubhouse will mix with a larger group of students.

### **Positive Cases of COVID-19 in the Lesley Ellis Community**

In the event of a positive case of COVID-19 in our community, we will follow guidance from the Arlington Board of Health, the Department of Public Health, and DESE. Our goal is to remain transparent and to continue to provide updates to our community in order to keep everyone healthy and safe.

### **During the School Day Sick Plan**

If a student falls ill while at school, the following will take place:

1. The student will continue to wear a mask, be separated from other students, and will be immediately sent to be evaluated by the school nurse.
2. With parental/guardian(s) consent, the student will be tested for COVID-19 with use of the BinaxNow Rapid Antigen Test.
3. If the test is negative and is:
  - a. Administered due to a single non-primary symptom, a decision will be made in collaboration with the parents, the nurse and the student about disposition;
  - b. Administered due to a primary indicative symptom of COVID-19, the test must be confirmed by a PCR test. The student should be dismissed and remain home until the PCR results are back;
  - c. If symptoms include fever, vomiting or diarrhea, the student should be free of these symptoms for 24 hrs (without the use of symptom suppressing medication) before returning to school, irrespective of COVID status.
4. If the test is positive:
  - a. Remain at home for at least 5 days. After 5 days the individual may return to school if they are symptom free **and present evidence of a negative antigen test**. If the individual continues to test positive or has symptoms they should isolate for 10 days, unless they meet both criteria at some point before day 10. Test results may be sent to Nurse Joe Ryan either as a photo or PDF. In order to return prior to day 10, **the individual must be able to wear a mask appropriately**.
  - b. Monitor symptoms.
  - c. Notify personal close contacts.
  - d. Answer the call from the local board of health or Massachusetts Community Tracing Collaborative to help identify close contacts to help them prevent transmission

5. Lesley Ellis School will notify close contacts in the school community of the individual who tests positive for COVID-19.

### **Student or Staff Member Symptomatic**

- If at home, stay home and get tested (PCR or rapid antigen). Follow 4a - 4d above.
- If at school, obtain rapid test from school nurse
  - **If the test is negative** a decision will be made in collaboration with the parents, the nurse and the student about disposition on a case by case basis.
  - **If the test result is positive:** see 4a - 4d above.
- Alert school nurse (Joe Ryan) of symptoms and testing status.

### **Student or Staff Member Exposed to COVID-19 positive individual outside of school (close contact of a positive individual)**

\_\_\_\_\_ (Vaccinated individuals may attend school with no testing or quarantine.)

### **Option #1 Quarantine for 10 days without testing (unvaccinated individuals)**

Release on Day 11 if:

1. The individual has not experienced any symptoms up to that point; AND
2. The individual conducts active monitoring of symptoms through Day 14.

No test is necessary under this option.

Individuals must actively monitor symptoms and take temperature once daily. IF even **mild** symptoms develop or the individual has a temperature of 100.0 F, they must immediately self-isolate, contact Joe Ryan and the public health authority overseeing their quarantine and get tested.

### **Option #2 Continuation of Classes (unvaccinated individuals under the age of 5)**

If the close contact is asymptomatic, they may continue to attend school if:

- a. They are able to appropriately wear a mask at all times except when eating or drinking;
- b. They participate in daily at-home rapid antigen testing (send negative results to Nurse Joe) and daily symptom check with Nurse Joe for 5 days.

**\*\*Continuation of Classes is not available for unvaccinated individuals age 5 and older.\*\***

### **Option #3: Traditional Protocol (unvaccinated individuals)**

The duration of quarantine is at least 7 days from the date of exposure. After 7 days, students may return to school on day 8 if:

- A test (either PCR or **home** antigen) taken on Day 5 or later is negative; AND
- The individual has not experienced any symptoms up to that point; AND
- The individual conducts active monitoring through Day 14.

Individuals must actively monitor symptoms and take temperature once daily. IF even **mild** symptoms develop or the individual has a temperature of 100.0 F, they must immediately self-isolate, contact Joe Ryan and the public health authority overseeing their quarantine and get tested.

**Vaccinated Student or Staff Member Exposed to COVID-19 positive individual at home (living with a positive member of the household)**

1. If the close contact is asymptomatic, they may continue to attend school if:
  - a. They are able to **appropriately** wear a mask at all times except when eating or drinking;
  - b. They participate in **daily at-home rapid antigen** testing (send negative results to Nurse Joe) and daily symptom check with Nurse Joe. **The number of days for testing will vary depending upon the situation.**

**Unvaccinated Student or Staff Member Exposed to COVID-19 positive individual at school (close contact of a positive individual)**

**Option #1: Continuation of Classes (unvaccinated individual **under the age of 5**)**

If a close contact is asymptomatic, they may attend school if:

1. They **appropriately** wear masks at all times in school, other than eating and drinking.
2. They participate in daily **antigen testing at school on school days for 5 days after exposure** and remain negative. On weekends, close contacts should remain quarantined and if still asymptomatic, can return to school after the weekend and resume antigen testing.
3. Individuals should conduct active monitoring for **symptoms** for a full 14 day period after exposure.

Vaccinated individuals do not participate in Option #1 **Continuation of Classes**. They may attend school. **Unvaccinated individuals age 5 and over do not participate in Option #1, Continuation of Classes. They may choose Option #2 or Option #3 below.**

**Option #2: 10 days of strict quarantine (unvaccinated individual)**

Release on Day 11 if:

- The individual has not experienced any symptoms up to that point; AND
- The individual conducts active monitoring through Day 14.

No test is necessary under this option.

Individuals must actively monitor symptoms and take temperature once daily. IF even **mild** symptoms develop or the individual has a temperature of 100.0 F, they must immediately self-isolate, contact Joe Ryan and the public health authority overseeing their quarantine and get tested.

**Option #3: 14 days of strict quarantine (unvaccinated individual)**

- The individual indicates they are unwilling or unable to conduct active monitoring.

Please be aware that these are **general guidelines** that we will follow as a school. In each situation where an individual has been identified as a close contact, we will work directly with that family and the local board of health to determine the appropriate plan.